**Sleep**

Goal (Me) 9:30 PM

Curr (Me) 11:06 PM

Goal (US) 11:43 PM

**Wake**

Goal (Me) 4:30 AM

Curr (Me) 6:14 AM

Goal (US) 7:11 AM

**Duration**

Goal (Me) 7.0 hr

Curr (Me) 7.1 hr

Goal (US) 7.1 hr









